

The Ten Maxims of Steering

- 1) Every act of steering slows a canoe down
- 2) If a canoe is slowed, it must be accelerated again
- 3) Only the crew can accelerate the canoe
- 4) A crew has a limited amount of power and endurance
- 5) Therefore slowing the canoe (by steering) should be minimized or avoided
- 6) There is usually more than one way to steer a canoe
- 7) One way will slow the canoe less than the others
- 8) If a course can be taken which will reduce the work the crew must do, it should be taken
- 9) If a turn can be negotiated in a way that reduces the work the crew must do, it should be
- 10) If the steersperson can add something to the progress of the canoe (i.e. paddle), he or she should

“The primary goal of a steersperson is to provide the best possible conditions for the crew to paddle in”

Max Steer